2016

<u>Spreading the word of Swinfen</u> <u>Telemedicine</u>

29th December 2016 Broadbiz Web Services Ltd.

Former Prim Minister of Nepal Dr Baburam Bhattarai and Mr Madan Rai met with Mr Birendra Sharma MP and Rt Hon Lord Roger Swinfen at the House of Parliament, London on 14 Nov 16.



News from The Philippines

13th December 2016 Broadbiz Web Services Ltd.

"Freak 'out of rainy season ' storm just flooded our street! 3 of our 5 cats took refuge on higher ground! Thunder and lightning very very frightening!! Thankfully the Burns Clinic and Val's house is not flooded.





26th Swinfen Telemedicine Link in Nepal

13th December 2016 Broadbiz Web Services Ltd.

We have established a link to Kunde Hospital located in Kunde Village, North of Namche Bazaar, 3840m in the Mount Everest region, Nepal. This hospital was established in 1966 by Sir Edmund Hillary and has been run by volunteers ever since. This is a 15 bed clinic with 2 Doctors on site along with 2 nurses, a Laboratory technician and a community health worker. Offering a 24 hour public health and primary care services free of charge to the Nepalese patients.

We welcome the clinic and will provide all the help we can. We received this message in return –

" We are grateful for this wonderful asset in improving the quality of the patients care in this very remote part of the world".







Seasons Greetings

13th December 2016 Broadbiz Web Services Ltd.

We wish you a very successful, lovely year ahead, using this occasion to thank you for your very kind assistance. Best wishes for you and your honorable family and friends, God Bless you all. From all at The Refugee camp in Albania



News from Mali

13th December 2016 Broadbiz Web Services Ltd.

Mr Greene, an Orthopaedic Surgeon, became a Swinfen Referring doctor from Afghanistan, and then moved to a hospital in Ethiopia. With his great Knowledge and experience he also consulted on a few Swinfen cases and offered valuable advice.

He is now serving others and teaching young doctors at the Koutiala Women's & Children's Hospital, Koutiala, MALI, where he has been for over 2 months. The hospital doesn't have a reputation for orthopaedics yet, but the word should get around soon. We do lots of bone infections but also a few fractures and deformities. These challenging cases require enormous amounts of time, nursing care, procedures and prolonged intravenous feedings.

A 14 year-old girl had dysplasia and dislocation of the hip. A good case for an old, but probably rarely performed, operation: Chiari osteotomy. The left pelvis was cut into 2 pieces, then shifted the lower piece inward so that the upper piece would give bony support to the hip bone. So far it seems to be working.





<u>Khalte Clinic, Nepal</u>

13th December 2016 Broadbiz Web Services Ltd.

In 2013 the doors opened to the Centre for Health, Khalte Clinic, Nepal. to date 12,930 patients have been treated.



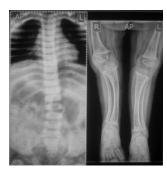


Case from Afghanistan

8th December 2016 Broadbiz Web Services Ltd.

3 year old child living far from Faizabad, Wakhan District in Badakhshan Province of North Eastern Afghanistan arrived at the hospital unable to stand or walk from birth and can only say a few words.

The case was sent through to us and was allocated to a Genetics Specialist from Ireland who diagnosed the child with severe rickets which common cause is nutritional and lack of sun. Recommended treatment was Vitamin D and Calcium introduced to the diet





Where the child lives they have no health facilities so have to travel for miles. They still lead a nomadic lifestyle. It often snows in summer and temperatures routinely drop below minus 40 degrees Fahrenheit in winter. Their diet is a typical one of high altitude plateaus where nothing much grows apart from grass, artemisia, and some wild onions in summer. It is similar to the diet found among other nomadic societies, like the Tibetans and the Mongolians. They raise mainly goats, sheep and yaks, as well as Bactrian camels and horses. Because there is no wood, fuel is mainly dried dung. Meat is boiled and sometimes fried in yak butter, everything is eaten on the animals. Meat and diary products are the source of their food. There is not enough sun exposure and vegetables due to cloudy and cold temperature.

News from the Philippines

6th December 2016 Broadbiz Web Services Ltd.

Val Smith-Orr runs the Burns Clinic in the Philippines that Swinfen Telemedicine is connected to. Val helps so many, please read her heartfelt story.

We are home safe and sound after a very long couple of days! Mona had to be admitted to hospital for surgical removal of the now hardened dental impression materials, stuck for a week in her palate. Various attempts to remove it were unsuccessful and general anaesthesia was the only remaining option. Rather than going into the gory details of Govt hospitals here, I want to thank Grace and all the wonderful members of the Helping Hands Healing Hearts Ministry team, our DSWD Social Worker Chris (who made me eat candy and cake and drink water to 'keep me strong' and all the staff (RN's and Drs) who helped in Mona's care in the childrens ward. And of course Evelyn who came to accompany us back home. Materials now removed! Took less than a minute!! Relieved.







<u>We have connected to our 77th country –</u> <u>MEXICO</u>

28th November 2016 Broadbiz Web Services Ltd.

Hospital San Carlos, Chiapas, Mexico, is our 339th Swinfen Telemedical link. This is a community hospital with 8 general physicians, 2 medical students, 2 family doctors and one psychiatrist that visits twice a month. They have 12 beds for women, 12 for men, 10 for paediatric patients, 5 beds for neonatal care and 8 examination rooms for patient





consultation.In Chiapas, about a quarter of the population is of indigenous origin. Most live according to their century-old customs, which include a closeness to nature and self-subsistence via farming (mainly corn and beans). Unfortunately, the socioeconomic status of this population is very poor. 89% of the patients served in this hospital are indigenous, some patients having to travel for 8 hours! They provide health care without discrimination and with respect and understanding of the diverse cultures in the region. The doctors face huge healthcare challenges as they are underfunded and suffer lack of medical equipment.

New Link in Afghanistan

21st November 2016 Broadbiz Web Services Ltd.

Blakh Family Hospital is our 338th Telemedical Link and 18th Link in Afghanistan. This is a general hospital that has joined our Swinfen system through iPath. The services they offer:- Surgery, Gynaecology, Obstetrics, Breast Cancer and Orthopaedics. Having 9 Specialist Doctors, 10 Physician Doctors, 8 Nurses, 10 Midwives, 1 vaccinator and 2 Pharmacy's.





New Link in Solomon Islands

10th November 2016 Broadbiz Web Services Ltd.

The Good Samaritan Hospital, Tetere, Solomon Islands have joined the Swinfen Telemedicine system. This is a 30 bed clinic with two Doctors, three Midwives, eight regular Nurses and seven nursing aids, three Malaria staff and a Pharmacy. Offering services of Gynaecology, Maternity, Dentistry and general treatment. Everyone is treated for Free and for urgent and complicated cases the patients will be referred to the main hospital – Honiara.







News From Philippines

15th September 2016 Broadbiz Web Services Ltd.

Clinic detention is illegal!! Not yet 2yrs old and held in clinical detention!!!! REPUBLIC ACT NO. 9439 April 27, 2007

AN ACT PROHIBITING THE DETENTION OF PATIENTS IN HOSPITALS AND MEDICAL CLINICS ON GROUNDS OF NONPAYMENT OF HOSPITAL BILLS OR MEDICAL EXPENSES On Sept 7th at approx. 9:30am baby [(2yrs in December 2016) sustained a hot coffee burn to his chest. His mum was so shocked and took him to the hospital nearest to her house. Here, at around 10am Mum was told that the baby was critical and might die and must have surgery. She asked how much it would be and was told around ten thousand pesos. She consulted with her partner, a Govt driver in Bataan, and they decided they should go ahead since they had been told it was critical. Baby J went to the operating room at 6:30pm and was out at 6:35pm, having had a debridement – a medical term for cleaning a wound. Mum was instructed to use a 'burns cream' daily after a bath and cover with a single layer of gauze, which was taped to baby J's delicate skin. On the 8th Sept at 10am they were discharged. They got a big shock when they received the bill of 57,852.00 pesos!! For 12 hours!! The parents gueried the bill and were told that it was correct. The surgeons fee was twenty five thousand pesos, essentially 5000 pesos per minute!! More than DU30 receives for sure!! They cannot pay this indulgent amount and are now not permitted to leave, being under 'hospital arrest'. They have received ten thousand pesos from the PCSO towards the bill, and have offered to try and pay a monthly amount till its paid but the billing section won't allow that. In addition, they are being charged 800pesos daily for the privilege of being held against their will; for the bed, one of 6 in a cramped room PLUS 350pesos daily for 'nursing station' fees – even though they are not receiving any treatment as they are discharged!!

Baby J was seen by a clinical nurse specialist in burns from Triple B Care Projects (a sec registered NGO, non – stock ,not -for -profit organisation

www.TripleBCare <u>projects.org</u>) on Sep 11th and discovered the awful truth about baby J's detention. The burn to Baby J's chest is in fact partial thickness and would normally heal within a few days without the need for surgery, if international standard treatment had been applied at the outset, including correct First aid.

FIRST AID FOR ALL BURNS: REMOVE CLOTHING AND JEWELLERY, COOL BURN UNDER RUNNING WATER FOR 20MINS, COVER WITH A CLEAN LINT FREE TOWEL OR PLASTIC FOOD WRAP. GET GOOD MEDICAL HELP





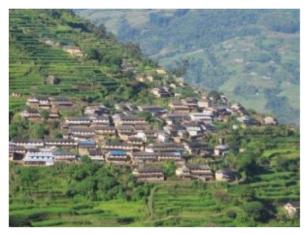
Kaski Nepal

22nd August 2016 Broadbiz Web Services Ltd.

Our 25th Telemedical link in Nepal was set up today to a health post in Tangting, Kaski. This is a community health post with just 2 nurses, 1 birthing bed, offering a very basic service with no diagnostic equipment and basic drugs supplied by the Nepali government.

Tangting is a Gurung village that is in a very remote part of Nepal, located 21 miles North of Pokhara. There are 200 houses with a population of approximately 1350. The village is surrounded by hills and forests so to get to the main hospital in Pokhara it is an hour walk to meet up with jeeps then a two and a half hour drive!

We will do all we can to help improve the health and lives of the village people through our Swinfen Telemedical link.



<u>The Gambia</u>

<u>19th August 2016</u> <u>Broadbiz Web Services Ltd.</u>

We were contacted today by a referring doctor that moved from a clinic in Banjul to the MRC unit in Fajara. Having set up a Swinfen Telemedical link to the Banjul clinic she was so impressed with our service that she wanted to set up a Swinfen link to the unit in Fajara which we have gladly put in place for her.

The MRC is a public hospital specialising in Adult and Paediatric medicine, Cardiology, TB and Liver disease. they have a range of diagnostic equipment and excellent availability of drugs, although they may not be the very latest. They have 42 beds, 6 Doctors, 30 nurses and many other research doctors contributing to the clinic service. For those patients that cannot afford to pay the hospital will waiver the fees, most will manage to pay as they are only charged a contribution towards the service. Although there are many doctors at the unit, there are big gaps in their knowledge. At present there are only 2 adult physicians – the other doctors have either no specialty or are Paediatricians. They see a lot of dermatology and have no one with expertise in this field. They are however in a privileged position of being able to do investigations, but do not always know what to make of the results.



<u>Kikori Hospital and their boat</u>

<u>18th August 2016</u> Broadbiz Web Services Ltd.

Kikori is a settlement in Papua New Guinea; it lies in the delta of the Kikori River at the head of the Gulf of Papua. As the crow flies it is 245miles from the Capital, Port Moresby. The hospital has 100 beds and serves a wide area around the gulf, given that the next nearest hospital is in the Capital. The medical staff consist of six nurses, about 20 community health workers, occasional visiting medics on short term stints and a British Doctor, Beth Lewis, who has been there for four years.





In addition to looking after all the inpatients this amazing medical team run clinics at the hospital and do outreach visits to villages up-river, where they seeks out possible TB cases, a disease that is endemic there and very common. Facilities are minimal; there is 'bedside' ultrasound, AFB staining, and microscopy for TB, very limited bedside blood testing (Glucose, Hb, HIV, Malaria, hep B). Microscopes are available but stains and expertise are

limited. It would do some current doctors good to have to manage without X-rays or any other scans, let alone the limited selection of blood tests!

If a patient really does need to have scans of any description, specialist services, or even anything more than basic blood tests, the only option is to consider transfer to Port Moresby. Getting there is 12-16 hours by dinghy through the rivers then across open sea to Kerema the provincial capital. It's a very dangerous journey where the currents meet at the mouth of the big rivers. In the wet season lives are lost every year by people making the journey. But it is the only real way out... then from Kerema to Moresby it's another 12+ hours by truck on the road. The vast majority of the population they serve are subsistence farmers who may just get a little income from marketing, but the journey to Moresby costs more than most make in a year.

Another challenge for medics visiting anywhere overseas is language. In this area of PNG there are eight main languages that they are confronted with. English, Pidgin and Moto are the three common 'trade' languages plus five widely spoken local tribal languages, but they



have patients from at least another 10 language areas who use the hospital. Thankfully, most people speak one of the three main languages, but when they're from further afield they may not. With some patients the clinical history can get a bit muddled as its been translated from their language via another language into Pidgin, a vague and imprecise language for trying to convey concise observations!

At the end of April this year I had an email from Beth to say that their 'dinghy had died'. It had been repaired many times but had been working so hard that the motor



'gave up the ghost'. Without it all of the TB outreach work came to a complete standstill as, living in the delta, without a boat she and her team could not get to any of the villages to do TB clinics/ follow ups/ awareness or to bring patients to hospital for treatment. Kikori has one of the highest TB rates in the world, and 70% of the 100 hospital beds were filled with TB patients. Hence the importance of the outreach clinics to try and stem the spread of TB in the area.

Beth Lewis is a very self-effacing young

lady, but deeply committed to her work with the locals. The demise of their dinghy came as a cruel blow to her, her team and the work they all do.

So, one of Beth's friends set up a 'crowd funding' page to raise the money for a new outboard engine. The funding target was $\pounds7,000$. After just 10 days that target had been exceeded; the exercise produced $\pounds7,025$ on 'Gogetfunding' plus $\pounds2,500$ from other sources including Beth's Church back in the UK.

Shortly after, she wrote to say "the most huge THANK YOU for making our dream of a dinghy to continue Kikori's TB work a reality".

She felt that the response to the appeal had been incredible, and the team were very excited to be able to plan the purchase of their new motor. "What is most incredible is that you and

others like you- people that I've never actually met personally – believe in this enough to support us in this way".

Given that the funds had exceeded the amount required for the engine they were also able to replace the fibreglass dinghy with a bigger one and set aside funds to pay their operators/ drivers for their work on TB outreach patrols as nationwide budget cuts for health facilities meant that their workmen, who also function as drivers, had had their hours halved so only employed 18 hours/ week, but the TB trips are often 2-3 days. What's left over has been allocated for upkeep and maintenance, and some for the TB programme which may include extra "ambulance" trips.



In early August the 23ft fibreglass dinghy and a 40HP Yamaha outboard arrived on a cargo boat from Port Moresby. "Hugest big thanks from all of us in Kikori for helping us to continue to see people live well and healthy in this little corner of the swamp here!"

The remarkable team at Kikori work for a wide community with the barest of resources; they truly deserve our highest regards.

The Swinfen Charitable Trust is honoured to have been able to help in 57 cases referred from Kikori by Beth Lewis in just over 18 months.

International SOS – FREEPORT SITE

12th August 2016 Broadbiz Web Services Ltd.

A new Swinfen Telemedical Link has been set up to a hospital in Papua, Indonesia. This is a 54 bed Community Hospital with two Doctors, 24 nurses, a midwife, Pharmacist, Radiology and Laboratory technicians, and a hospital coordinator. With basic equipment and drugs.

As this is a Charitable hospital a Foundation has been set up for the Seven tribes, surrounding the hospital, so that they can receive treatment for free.



July Statistics

2nd August 2016 Broadbiz Web Services Ltd.

38 cases came through the Swinfen Telemedicine system this month. 8 Male, 6 Female and 24 Paediatric – 14 of which were sent from the Cancer Medical Centre in Iraq who only joined our service this month! Other cases came from Burkina Faso (Africa), Bangladesh, Nepal, Papua New Guinea and China.

Kind Words

2nd August 2016 Broadbiz Web Services Ltd.

Kind words from a referring doctor in Afghanistan who has been using the Swinfen service since 2015 and has sent 82 cases.

"I know how much you are kind! I hope more success to you and all system members. Actually, I am here to do my best for humanity, your support make me more able. I hope you always be healthy and I wish more success for all of you."

<u>New Link in China</u>

25th July 2016 Broadbiz Web Services Ltd.

Qinghai Red Cross Hospital is a community public hospital with around 1400 beds and 1200 medical staff. Specialist services available on site include all internal medicines and surgical specialties apart from Cardio-thoracic surgical services and general paediatric services. all diagnostic equipment is available with the exception of nuclear medicine scanning. They have most up-to-date drugs on site and there is a governmental source available for those that are unable to pay for their treatment.



News from Nepal

25th July 2016 Broadbiz Web Services Ltd.

"We villagers are very proud of you for your generous supports and efforts for rural community development in Nepal. Basic support that has been provided to the earthquake victims since last June is the great and very kind of you.

Reconstruction Authority of Nepal was formed in the beginning of 2016 and just started its work. In the first phase, it has collected detail information from 11 mostly effected districts and now collecting information in 3 districts of Kathmandu valley. It is focusing 14 districts at this moment.

In its policy guidelines and decisions, non-state actors are not allowed to construct individual house but allowed to construct public building, toilets (public and individual), drinking water and other basic infrastructure. It is not restricted for supplementary support to person while constructing house. We non-state actors may contribute material support to house and may fully support for toilet construction.

Now rainy season is about to start and people are busy on their farms. Comfortable time to our villagers for constructing house is after November. Hopefully, Reconstruction will be started to its activities in our district (Parbat) from that time".

District Governance Expert

Annual Reception 2016

14th July 2016 Broadbiz Web Services Ltd.

Swinfen Telemedicine held its annual reception at Drapers' Hall, London on Monday 11th July 2016 in the presence of their Patron HRH the Princess Royal. The reception was to thank their Consultants, Referring Doctors, Volunteers and Donors for all their hard work throughout the year.

Swinfen welcomes new link in Kenya

12th July 2016 Broadbiz Web Services Ltd.

Dreamland Mission Hospital joined the Swinfen Telemedical service today to help the patients in their community.

This 68 bed hospital has 1 full time doctor, 16 nurses, an Ophthalmic surgeon, Laboratory and Theatre technicians, Pharmacy technicians, visiting doctors, general officers, admin and mortuary staff. They also run an eye unit, run by a trained clinical officer, that offers cataract and non complex surgery. FREE corrective surgery is offered for Children including Cleft lip surgery, club foot and other deformities. Other specialties that are offered is Dental care, X-ray and Ultrasound, Full lab service, a community programme that focuses on HIV and NCD's, free Fistula surgery and free surgery for disabled children. A welfare scheme is in place for those that are unable to pay for their treatment.



Nigeria

<u>8th July 2016</u> <u>Broadbiz Web Services Ltd.</u> Swinfen Telemedicine has set up a new link to a hospital in Omoku, Nigeria.

Model Primary Health Centre is a community hospital with 10 beds and 3 members of staff. Offering Antenatal Care, Family Planning, Emergency Transport, Malaria treatment, Measles Immunization, Skilled Birth Attendant and Maternal Health Delivery Services.

We look forward to working with them to care for their community.

55th Telemedical link in Iraq

<u>8th July 2016</u> <u>Broadbiz Web Services Ltd.</u> Swinfen Trust have linked to yet another Iraq Hospital.

Cancer Medial Centre is a community hospital with 60 beds, 16 Doctors, 34 Nurses and 23 other staff. Specialist services available on site are Paediatrics, Hematology – Oncology. For those patients that are unable to pay will be seen and treated for free.

This link is already active with cases coming through the Swinfen system. We are doing



all we can to help.

<u>Swinfen Telemedicine links to its 76th</u> <u>Country!</u>

8th July 2016 Broadbiz Web Services Ltd.

A Telemedical link has recently been set up to a hospital in Burkina Faso, West Africa. This will be our 330th Telemedical link in 76 countries!

Paam Laafi is a newly built community hospital currently with a team of 5 Doctors, 5 Nurses and a Dentist. They only have 3 beds at present but are in the process of developing further. Most of the work is currently outpatient which includes mobile clinics to local Schools. The services they provide is Cardiology, Dentistry and Family Planning with Antenatal care coming soon. Their availability to drugs is good and they aim to make care affordable for all. There is a social fund for complex cases and for those that cannot pay.



We look forward to working with this hospital and keeping up to date with its progress.

<u>Nepal</u>

<u>7th July 2016</u> <u>Broadbiz Web Services Ltd.</u> Swinfen Telemedicine welcomes Gandaki Medical College, Pokhara to our system.

This is a teaching hospital with 300 staff and 900 beds offering Specialist services such as Neurosurgery, Obs and Gynae, Psychiatry, Ophthalmology, Dermatology, Emergency and General medicine, Radiology, Anaesthesiology and Orthopaedics. Up to date drugs are also available and those that cannot afford to pay will be treated for free.



<u>Malawi</u>

6th June 2016 Broadbiz Web Services Ltd.

A new Telemedical link has been set up to Nkhoma Hospital in Malawi. This is a general hospital serving a population of 32,000 in that area, with 220 beds, nine Doctors and fifteen medical workers. The services they provide are General medicine, General surgery including prostatectomies, Maternity, Paediatrics including neonatal and nutritional rehabilitation, an eye department, HIV services and an isolation TB ward and cervical Cancer screening. X-ray and Ultrasound machines are available but no CT or MRI. Basic medicines are available.



Swinfen Telemedicine welcome them to our system and look forward to helping those in need.

<u> Papua New Guinea</u>

6th June 2016 Broadbiz Web Services Ltd.

Port Moresby General Hospital requested a Telemedical Link which has now been set up. This is a 300 bed Teaching hospital with more than 100 Doctors, Nurses and medical staff. Specialist services available Surgery, Obstetric and Gynaecology, Radiology, Dermatology, Paediatrics, Psychiatry, Internal medicine and Pathology. They have a shortage of drugs but will still treat those patients that are unable to pay.



Swinfen Telemedicine welcome and look forward to working with them.

New Swinfen Telemedicine Link

9th May 2016 Broadbiz Web Services Ltd.

Today we set up a new link to an Orthopaedic Organisation, Kabul – Afghanistan.



This clinic provides physical treatment on a daily basis. Those that are unable to pay are treated for free. They have 13 beds onsite with 2 doctors and 10 physiotherapists.

New Swinfen Telemedical Link in Uganda

9th May 2016 Broadbiz Web Services Ltd.

Kiwoko Hospital, Luwero – Uganda, is a 250 bed community hospital built on a strong Christian foundation, with evangelism and medical help going hand in hand. They have 7 medical officers, 2 Surgeons, clinical officers and nurses. Patients contribute to the costs of their treatment, but in a rural area with much poverty this is often not possible and the ambition is that no patient should be turned away, the cost being covered by the 'Good Samaritan Fund'.

On site includes:

- Adults' and Children's wards
- T.B. ward
- Obstetric Unit
- Operating Suite
- Outpatients
- Antenatal clinic
- HIV Clinic
- Medical and heavy engineering workshops
- Laboratory and Radiology
- Nursing and Laboratory Schools
- Administration
- Staff accommodation



April Statistics

3rd May 2016 Broadbiz Web Services Ltd.

This month Swinfen Telemedicine gave medical advice on cases from Iraq, Tanzania, India, Papua New Guinea, China, Nepal, Albania (Refugee Camp), Yemen, Afghanistan, Micronesia and Bangladesh. The cases ranged from a 7 day old baby from Papua New Guinea that had been given the wrong medication to a 70 year old from Nepal with a dry cough for several years.

9 cases were Paediatric, 11 Female and 11 Male. 10 cases were sent via our unique Swinfen mobile app.

London Marathon 2016

<u>28th April 2016</u> <u>Broadbiz Web Services Ltd.</u> Dear Supporters

I completed the London Marathon 2016!! A fantastic day, fantastic atmosphere, fantastic people and supporters. It was an experience that I shall never forget and felt privileged to be a part of.

The running conditions were a little chilly to start but ideal for me. It wasn't really about the time but I completed in 5 hours 14 minutes. I had been training at 11minute mile so was really chuffed with the result.

Thank you everyone for your support, well wishes and donations to help me raise funds for such a wonderful charity.

I have recovered really well, and planning for the next Marathon, Yes I enjoyed it that much I want to do another – MAD!



<u>New Link in Iraq</u>

19th April 2016 Broadbiz Web Services Ltd.

Today we link to our 53rd Hospital in Iraq, Offering medical advice to a Bone Marrow Transplant Center in Baghdad. This is a specialist hospital with 8 beds, 7 Doctors and 15 nurses where they treat patients that are unable to pay for free.

New Link

31st March 2016 Broadbiz Web Services Ltd.

Bhi Health Post, Mugu, Nepal.

Bhi is one of the most remote, poorest areas of Mid-Western Nepal. It is the central point for Dhayan, Phortu, Nathrpu in Mugu district and Shrinagar of Humla. One village has at least 300 household and there are 5 villages with a population of 80,000. All the members of one family will live under one roof, Life expectancy here is only 40 years of age! Bhi is a two day walk from Gamgadi in Mugu or a 2 day walk from Kolti, Bajura. They work with basic equipment offering basic care in a two room building – one for Child Birth and the other for physical examinations. They do however have network connectivity so are able to connect to Swinfen Telemedicine for medical advice.

Easter Greetings from Iraq

29th March 2016 Broadbiz Web Services Ltd.

Dear Lord and Lady Swinfen,

We use this occasion to convey to you and all SCT staffs our most appreciation and best wishes for you all. What you are doing for our patient is most precious gift to us that will never be forgotten.

We hope that God Willingly from Easter 2016 there will be a good change in life of all people of the world, hope, peace, tranquility and love replacing despair, war and hate.



EASTER MESSAGE

15th March 2016 Broadbiz Web Services Ltd.

Happy and Blissful Easter,

My colleagues and I use the occasion of Easter Festival for appreciating Swinfen Charitable Telemedicine kind assistance for our patients.



We wish a very successful and joyful year for you, your family and friends,

May God Bless You All, Humane Medics for Iranian Refugees – Albania

Urgent needs of Chitral seeking attention

15th March 2016 Broadbiz Web Services Ltd. CHITRAL NEWS

Chitral — If the current spell of rains do not cause more damage to our fragile infrastructure we will consider ourselves lucky. But we will not be able to depend on luck in future. Urgent work needs to be done for the following items otherwise the majority of the people of Chitral will suffer even more in 2016:

1. The Garam Chashma road, the roads to Bumboret and Rumboor and many portions of the Chitral -Mastuj roads are in a precarious and pitiable condition. These were extensively damaged in the floods and earthquake five months ago but, apart from temporary measures taken by FWO, no serious effort has been made to build them to any specification.

2. The main pipe of the Angargoon water, which supplies precious drinking water to most of Chitral town, can fall and break any day. After it was damaged in the last floods it lies suspended on dry-stone pillars which had been built hurriedly as a temporary measure and then left there for lady luck to help them hold the pipe.

3. The beautiful villages of Reshun and Greem Lasht (not Green Lasht) are being squeezed by the river on one side and the flood waters and debris from the mountain on the other side. If you care to to go to these two villages any day any time you will need no one to convince you that disaster is looming over the lives of the people who live here.

I have no doubt that in our district there will be many other places where infrastructure needs urgent attention. Chitrali people and friends of Chitral please use forums like Facebook to bring them to the attention of people who are in a position to do something about them.

These are no small matters. None of the items I have mentioned can face another flood. And rest assured another flood with more intensity is coming this year. In the present scenario it has become incumbent on all our NGO's to convince their donors to donate all future monies to these items. Infact they should go a step further and convince them to restructure their present commitments in a manner that will divert funds to these requirements. At a time like this it will make no sense to the people of Chitral if money is spent on workshops or embroidery classes.

There is calamity in Chitral. Whether the federal or the KP government does not declare us as a calamity struck district it will not lessen the severe strains under which we are living here. On the other hand if Chitral has been declared a calamity hit district then we are not seeing urgency in the way our government is going about to set things right.

All of us, including our media, must not only play our part to highlight the looming natural and man-made dangers around our beloved district but also play our part, even if it be a small bit, to help to put things right.— *Siraj Ul Mulk, Hindukush Heights Chitral, 12 Mar 2016.*

<u>New link in Uganda</u>

4th March 2016 Broadbiz Web Services Ltd.

Local community clinic in Uganda offering general medical care was set up with a Swinfen Telemedical link today.

This clinic is run by 2 Doctors and 6 Nurses, with 8 beds, some drugs and very limited diagnostic equipment available. As they are a charity they treat the poor patients for free and for more complicated cases they are referred to the nearest government hospital.



February Statistics

1st March 2016 Broadbiz Web Services Ltd.

Swinfen Telemedicine helped with 39 cases this month, 11 of which were sent via our Swinfen mobile app. (11 Female, 15 Male and 13 Children).

3 new hospital links set up – Vanuatu, Libya (a new country for Swinfen Trust) and Albania.

We are now operating in 75 countries and connected to 316 Hospitals/clinics.



<u>16th February 2016</u> Broadbiz Web Services Ltd. St. Luke's Hospital – India

Two referring Doctors have been at this hospital for the last 5 months, they have no electricity or running water and at present. They have a staff of only 10 including

themselves, two auxiliary nurses two maintenance workers two Night guards a radiographer and one a nursing aid. Their vision is to revive this 85 year old British mission hospital of 250 beds set in 70 acres of land which has gradually stopped functioning for the past 5 years closing its doors, even to outpatients, 2 years ago.

To revive the medical and nursing services here is a big but exciting challenge for them and not easy to contact Swinfen Telemedicine due to mobile internet services being down most of the time. BUT they will persevere and Swinfen will give them all the help they need.



FIRST CASE

12th February 2016 Broadbiz Web Services Ltd.

A few weeks ago a new Swinfen Telemedicine link was sent to "Medics for Iranian Refugees" in Albania. They have just sent their first case through our system. It was referred by our system operator and answered by a Neurology Specialist from Ireland in just 55 minutes!

Earthquakes in PNG Today!

9th February 2016 Broadbiz Web Services Ltd.

Papua New Guinea has been hit by two earthquakes today, one 4.9 magnitude and another of 6.4m

We managed to contact a referring doctor in one of our links in PNG who told us "We are safe and well and the earthquake occurred about a two hour flight away. We were at work when it happened and it was what I call a "rock and roll" type of earth quake where the building just gently sways back and forth for 30 -45 seconds then it subsides". PNG have experienced

7 Earthquakes in the past 7 days

28 Earthquakes in the past month

377 Earthquakes in the past year.



8th February 2016 Broadbiz Web Services Ltd. This week is World Orphan Week (WOW) Swinfen Trust are linked to 5 Orphan hospitals who, between them, have sent 154 cases through our system over the years with 1,686 queries. On average each case was completed within 1.2 days.

Please make a donation today <u>www.justgiving.com/swinfenct</u> and together we can make a difference to orphaned children around the world.

Telemedical link number 314!

4th February 2016 Broadbiz Web Services Ltd.

Today we set up a new Telemedical link to a hospital in Vanuatu. This is a community hospital operating with volunteers and hoping to secure a full time doctor very soon. All of the volunteers spend time working in the local hospitals to support themselves and build capacity into the local system. As a primary health care clinic they only keep patients in if they are critical. They have basic equipment and medication.

We look forward to working with them



<u>News from our link in Papua New Guinea</u>

4th February 2016 Broadbiz Web Services Ltd.

As PNG are struggling with the food crisis we received news from our Gulf Hospital link who are sadly struggling with water. Their rainwater tanks are really low and strictly rationed, which is quite the challenge when the wards are overflowing with kids with diarrhoea from drinking dirty river water, and malaria which has shot up recently. They are also having to cope with an outbreak of whooping cough.

These people are in desperate need of help. We would really appreciate your help by donating to us today so we can offer as much support as possible. Thank you.

Humane Medics for Iranian Refugees

4th February 2016 Broadbiz Web Services Ltd.

Swinfen Telemedicine set up a link today to support a community hospital in Albania that are helping Iranian refugees. They have 3 GP's and 3 nurses on site, with no operating theatre or instruments and very little medication available. The services they provide are free of charge.

They had heard very good things of Swinfen Telemedicine and are very keen to be part of our humanitarian service.

New Year off to a Flying start

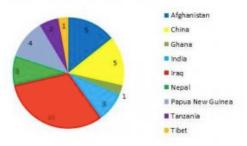
1st February 2016 Broadbiz Web Services Ltd.

Swinfen Statistics for January 2016.

7 new Swinfen Telemedical links have been set up – Gambia, Ghana, India, Mongolia, Nepal, Somalia and Zambia.

We received 35 cases -13 Paediatric cases, 11 adult female and 11 adult male.

Swinfen Cases January 2016



London Marathon 2016

<u>1st February 2016</u> <u>Broadbiz Web Services Ltd.</u> Dear supporters,

I have been the Fundraiser and Administrator for Swinfen Trust for over 9 years now. During that time I have helped others to set up their fundraising campaigns and have taken part in many races myself to help build awareness of the trust that makes a difference in the lives of those who are less fortunate.

I have finally taken the plunge to run my first EVER Marathon! I ask you please to support me and make a donation to this fantastic Humanitarian Trust.

https://uk.virginmoneygiving.com/SharonChecksfield1

Your encouragement will get me to that finish line and knowing every step I take during the 26.2 miles will be providing hope, good medical care and the prospect of saving lives.

Thank you Miss Sharon Checksfield



74th Country

26th January 2016 Broadbiz Web Services Ltd.

We are delighted to share the news that we have just added another country to our list now standing at 74.

A new Telemedical link has been set up to a hospital in the Southwest of Mongolia. They have 70 doctors and 210 nurses. Specialties include – Surgery, Internal medicine, Paediatric, Gynaecology and Radiology. Equipment available – Xray, Endoscopy, Ultrasonography and ECG.

They have a population of just over 26,000 in the area and do all they can to treat and diagnose all patients.

We look forward to working with them.

<u>New Link in Somalia</u>

22nd January 2016 Broadbiz Web Services Ltd.

A new link in Hargeisa, Somalia, has been set up. This is a Paediatric Training Centre with 2 Paediatricians, 1 general Physician and 10 nurses. All patients that are unable to pay will be treated free of charge.

We welcome them to our system and look forward receiving their cases.



Swinfen link helps outpatient clinic

22nd January 2016 Broadbiz Web Services Ltd.

A new link was set up today to help an outpatient clinic in a research field station in Gambia.

They have 3 doctors, 2 midwives and 10 nurses on site with 2 observatory beds, a midwife unit (for uncomplicated deliveries only) and a supplement centre for malnourished children. They have a ECG machine and access to basic lab tests and have basic primary care drugs available.

This clinic supplies FREE medical care and treatment for all. Swinfen Telemedicine welcomes them to our system and look forward to doing all we can to help.



Hard Times in Nepal

15th January 2016 Broadbiz Web Services Ltd.

The undeclared blockade by India has indeed put lives in hardships. The prices of everyday essential goods are artificially increasing. The fuels are being black marketed. Electricity off 12-13 hrs a day make life really frustrating.

It is very cold now and people who were affected by the two earthquakes live in temporary houses and tents and are going through unimaginable hardships. The elderly and young are the ones who suffer most due to cold.

News from Niger Delta

15th January 2016 Broadbiz Web Services Ltd.

"We are now opening two very remote clinics in the inner creeks of the Delta. They are made from read mud, have no water, no power and can only be accessible by canoe. Internet and communications remain a real problem for us with our satellite dish stolen and the solar system barley working with perpetual rain and cloud. A container of beds and equipment from hospitals around the Cambridge area (UK) has been shipped over and are now on site. They have trained staff ready to serve their communities.

We do appreciate your amazing work and innovative service, and pray 2016 will be blessed and beneficial for all who support and indeed use your services." – The referring doctor.

Swinfen Telemedicine has offered links to help these clinics.

An Invitation to join our Network

15th January 2016 Broadbiz Web Services Ltd.

"On behalf of the Gairloch Mlozi Partnership (Malawi) – thank you for taking this step. It brings the possibility of improved medical assistance to the children and families associated with our partner school in Mlozi closer. *500 Miles* and *Positive Steps* are also now helping families in that community directly and I look forward to other initiatives that will assist them. The school is only around 25km from Nkhomo and yet is partially off their radar. Bringing that community to the awareness of the health professionals in Nkhomo is a very important step. The partnership clearly

underlines the benefits of basic health provision to the development of education and positive future life outcomes for the children in the school" – Head Teacher.

New Link in Ghana

<u>12th January 2016</u> Broadbiz Web Services Ltd. St Nicolas Prep School Ghana

St. Nicholas School offers pre-school education to disadvantaged children living in the surrounding shanty town, who are taught English, reading, writing and other classroom skills. The children are provided with a school uniform, school books and writing materials, and are given breakfast and a healthy lunch. They also receive treatment for any medical needs. Families pay only a nominal registration fee and all other costs are borne by the school.

The school's mission is to improve the lives of disadvantaged children. Swinfen Trust has set up a Telemedical link to help them achieve this.



<u>Nepal</u>

12th January 2016 Broadbiz Web Services Ltd.

Humla District Hospital

Humla is the largest and poorest district in Nepal. It is divided into 27 Village Development Committees (VDC's). There is little electricity or road communication networks in most parts of this remote district. The capital of the Humla District, Simikot, is only accessible to other parts of Nepal through its airport's small dirt runway where only light aircraft can land for a portion of the year when the weather allows.

A Swinfen Telemedical link has been put into place to help care for these poor people.



Working Together

12th January 2016 Broadbiz Web Services Ltd.

Swinfen Telemedicine have set up a link for ON CALL AFRICA doctors working in the field to improve healthcare in rural Zambia. As they are working in very remote area the Swinfen App will hopefully prove to be most useful in helping thousands of people who would otherwise have little or NO access to essential healthcare services.

ON CALL AFRICA